



## Table Tennis Training Policy & Procedures

### Training

Training will take place at the competition venue and 1 training venue.

**Venue** : **Singapore Indoor Stadium**

**Type of Training** : **Familiarization Training**

**Date** : **20 August 2010**

**Time** : **14:00 – 21:00**

**Length of Session** : **1 hour 30 minutes**

**Venue** : **National University of Singapore Hall 5**

**Number of Courts** : **16 Tables**

**Type of Training** : **Pre- Competition Training**

**Dates** : **10 – 13 August 2010**

**Time** : **09:00 – 19:00**

**Length of Session** : **Open Training**

**\*Type of Training** : **ITTF – YOG Training Camp**

**Dates** : **15 – 17 August 2010**

**Session 1** : **09:00 – 11:00**

**Session 2** : **11:00 – 13:00**

**Session 3** : **15:00 – 17:00**

**Session 4** : **17:00 – 19:00**

**Length of Session** : **2 hours**

**Type of Training** : **Pre- Competition Training by Booking**

**Dates** : **19 & 20 August 2010**

**Session 1** : **09:00 – 11:00**

**Session 2** : **11:00 – 13:00**

**Session 3** : **15:00 – 17:00**

**Session 4** : **17:00 – 19:00**





## Table Tennis Training Policy & Procedures

Length of Session	:	2 hours
<b>Type of Training</b>	:	<b>Training during Competition</b>
Dates	:	21 – 25 August 2010
Time	:	09:00 – 19:00
Length of Session	:	Open Training

### **SCHEDULING OF TRAINING SESSIONS**

#### **Familiarization Training**

Familiarization Training will be conducted on 20 August 2010 at the Singapore Indoor Stadium. Familiarization sessions will be allocated by the Competition Management. Each session will be of **1 hour 30 minutes** duration, based on 2 players per table.

Training schedule will be provided to each participating NOC on arrival at the Youth Olympic Village (YOV) after the training sessions are allocated by Competition Management.

NOCs are not required to confirm their training sessions. Training sessions are strictly by allocation; no change and addition of training requests are allowed.

#### **Pre-Competition Training**

Pre-competition training will be available from 10 – 13 and 19 – 20 August 2010 at the National University of Singapore Hall 5. There will be no training on 14 August 2010 in view of the Opening Ceremony.

Training sessions on 10 – 13 August 2010 are not allocated. Therefore, no booking or confirmation for training is required. Athletes from the participating NOCs may train anytime during the indicated training hours.





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Four training sessions will be available each day on 19 and 20 August 2010. NOCs are required to book for the training sessions. Each NOC is allowed to book for one training session per day. Booking will be done on a first-come-first-served basis. Booking have to be done at least 24 hours in advance. A booking confirmation slip will be issued to the NOC after a booking has been made.

### **Training during Competition**

Training during competition will be available from 20 – 25 August 2010 at the National University of Singapore Hall 5. Training sessions are not allocated. Therefore, no booking or confirmation for training is required. Athletes from the participating NOCs may train at the indicated training hours.

### **Post Competition Training**

There will be no post competition training for Table Tennis.

### **ITTF – YOG Training Camp**

The ITTF – YOG Training Camp will take place from 15 – 17 August 2010 at the National University of Singapore Hall 5. Athletes are to attend the sessions scheduled for their respective gender.

NOCs are to note that there will be no training on 18 August 2010 as the athletes are encouraged to participate in the Culture & Education Program (CEP) activities on this day.

NOCs are required to register for the CEP activities at the Event Information Centre (EIC) which is located within the YOY. Registration is on a first-come-first-served basis.

